## OUARANTEAM

## Camp Pa-Qua-Tuck 2020

<u>Musical Mondays</u> - learn all you can about music from singing, dancing, playing instruments, history and composing.

Tactile Tuesdays- classes and activities will center around do-it-yourself skills, creating crafts, cooking/baking, learning life hacks and lessons in American Sign Language.

## Work It Out Wednesdays-

lessons in exercise and movement will be the focus in addition to learning about problem solving and how to address challenges.

Theatrical Thursdays - Our classes are all about the drama! We'll dive into the theater arts and learn how to express our inner selves and showcase our talents.

<u>Fabulous Fridays</u> - learn all you can about taking care of your fabulous self and the world around us. We'll learn about self-care, making friends, advocacy and other fabulous aspects of our environment.

S'more Saturdays - Saturdays are focused on the weekly favorites and encores. We'll offer parent, sibling and camper support groups. Then we will wrap it up with an interactive campfire, new s'more recipes and slideshows.



## An inclusive interactive remote lesson program

This summer we want to stay connected to all of our families and provide support. Since we can't have in person camp, we decided we'll offer the next best thing:

joining Camp Pa-Qua-Tuck's QuaranTEAM!

Camp Pa-Qua-Tuck is excited to offer inclusive online lessons, classes and activities to everyone, everywhere. We'll have daily activities where you interact with your peers and have the opportunity to make more friends. You pick and choose what you want to join.

Campers will have access to all of our online content and when it is safe to do so, in person events and activities. Everyone will receive a camp box with the camp t-shirt, a mask, bracelets and other goodies.

When: June 14, 2020 until September 5, 2020

Where: From the comfort of your home in personalized Zoom rooms.

**How:** After signing up on CampDoc, you will get emails detailing the classes, lessons and activities available for the week. Simply click and join (link on <a href="https://www.camppaquatuck.org">www.camppaquatuck.org</a>)

**Times:** Weekly Monday-Saturday every other hour from 9am-7pm. Sundays are family days where you will be provided activities to do off-line.

**Cost:** \$250 tuition for an entire summer of classes for the whole family